MISSION: IMPOSSIBLY AWESOME

metroLIFE

Ottawa metro

Your essential daily news | WEEKEND, JULY 31 - AUGUST 3, 2015

BREASTS SHOULD FEED BABIES, NOT YOUR SQUEAMISHNESS

Rebecca Kohler in metroVIEWS

High 27°C/Low 15°C Mix of sun and cloud

PIGS' RIBS THE CAT'S MEOW

Capital Ribfest kicked off on Thursday afternoon

metroNEWS

Men enter Ribfest with the "Piping of the pig" involving bagpipes, a pork procession and the first cut into a whole roasted pig. HALEY RITCHIE/METRO

Parties promise $1B in LRT funding

ELECTION

Liberals, NDP pledge federal contributions to Phase 2 construction

Lucy Scholey
Metro | Ottawa

With rumours the federal election campaign will be officially underway come Sunday, three federal parties have promised they will be on board for a $1 billion funding agreement for Phase 2 of Ottawa's light rail transit project.

On Thursday, Ottawa-Centre New Democrat MP Paul Dewar told Metro his party would support one-third of the $3-billion cost for the railway line. Earlier that morning, Liberal Leader Justin Trudeau told CTV he would also fund the LRT.

These two promises are in addition to the Conservative government's recent funding announcement for the line.

Construction for phase two of the LRT will start in 2018, once the currently under-construction Confederation Line is complete. It will extend the first phase further east, west and south for a combined 30 kilometres of rail and 19 stations.

Ottawa Mayor Jim Watson should be tooting his horn over these pre-official campaign promises.

In a recent email to Metro, sent through spokesperson Brook Simpson, Watson cited funding for phase two of the LRT and more affordable housing dollars as his top priorities going into the election.

As per Watson's second request, Dewar said his party was still working on an affordable housing plan, but promised the party would invest more than $2 billion by 2020, with $500 million worth of incentives for the construction of affordable housing starting next year.

Minister of State (Social Development) Candice Bergen would not speculate on the Conservative party's plan for affordable housing because the campaign was not officially underway. However, she said the government has already granted $800 million to Ontario for affordable housing, which is then divvied up between the municipalities.

"Going forward, I think that what we're doing is the right thing at the federal level — help with the financial support, but then see some good ideas and innovation coming out of municipalities," she said.

The Liberal party had not responded to the affordable housing question by press time.

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2015 SPARK

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ON ALL THESE MODELS

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Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased: $1,000 credit available on Chevrolet Spark, Sonic, Cruze, Volt, Trax, Malibu (except LS), Buick Encore and Verano; $1,500 credit available on other eligible Chevrolet, Buick, GMC and Cadillac vehicles (except Chevrolet Colorado 2SA, Camaro Z28, Malibu LS, GMC Canyon 2SA and 2015 Cadillac Escalade). Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See your GMCL dealer for details. GMCL reserves the right to amend or terminate offers for any reason, in whole or in part, at any time without prior notice.

metro NEWS

Your essential daily news

Women in Canada can now obtain abortion pill RU-486. **Canada**

5 THINGS TO DO IN OTTAWA THIS WEEKEND

The heat probably isn't going anywhere — the forecast calls for near 30 C temperatures all weekend — so you might as well embrace it and get busy outdoors. Pack a water bottle and enjoy summer in the city. There's lots going on to keep you entertained this long weekend.

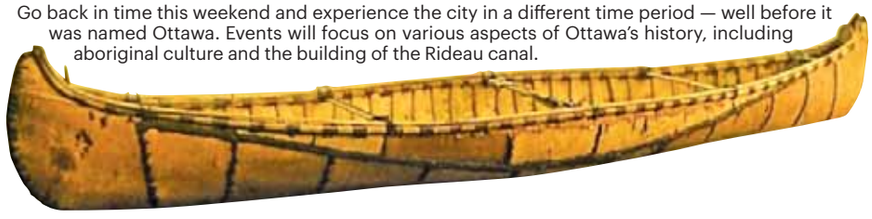
HALEY RITCHIE METRO

1 Buskerfest (all weekend)

The 24th annual Ottawa International Buskerfest brings all kinds of street performances to Sparks Street July 30 to Aug. 3. Among the many performances, expect to see a modern day Houdini-style escape artist, jugglers on unicycles, aerial gymnastics, fire breathing and chalk art.

2 Bytown days (all weekend)

Go back in time this weekend and experience the city in a different time period — well before it was named Ottawa. Events will focus on various aspects of Ottawa's history, including aboriginal culture and the building of the Rideau canal.



3 Outdoor movie (Friday)

The Centretown Movies Outdoor Film Festival continues this weekend with a outdoor screening of satirical 1964 cold-war flick Dr. Strangelove presented by the Diefenbunker. Admission is by donation — remember to bring a blanket and snacks to watch the movie starting at 9 p.m.

4 Swimmable Water Weekend (all weekend)

Get out on the water this weekend and don't take Ottawa's beaches and rivers for granted. Take a picture of yourself enjoying the water, upload it with the hashtag #SwimmableWater and you may win a prize from the Waterkeeper's Alliance contest, which includes a GoPro.

5 Street Eats (Saturday)

Ottawa food and beer come together Saturday at the Aviation Museum for the first Ottawa Street Eats festival. The event starts at noon and goes until 8 p.m. Entry is $20 and will include live music, talks by vendors and chances to try new tastes from local vendors.

CIVIC HOLIDAY CLOSURES

What's open and what's not
Most businesses will be open regular hours on Saturday and Sunday, and a few will see changes for the civic holiday on Monday. The day is not an official holiday and businesses will mostly remain open with reduced hours.

City services will be closed and **OC Transpo** will operate on Sunday schedule.

Most grocery stores in the city will remain open regular hours, some closing slightly earlier than usual.

Most LCBOs will be closed, but the downtown location at 275 Rideau St. will be open 12 p.m. to 6 p.m. and the 22 Isabella St. location will be open 12 p.m. to 9 p.m.

Federal museums like the War Museum, Nature Museum will be open.

HALEY RITCHIE/METRO

Friday August 7
"Appe-Teaser"
11:00 am to 5:00 pm
4 Troupes ~ 2 venues ~
Street Entertainment
Single Day Passes: Adult - $20
Children - $10 (Ages 3-12)
Individual Show Passes Available
Kids under 3 get in FREE
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INTERNATIONAL PUPPET FESTIVAL
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Candidates gearing up for gruelling campaigns

ELECTION 2015

PM may trigger the election as early as this Sunday

Steve Collins
For Metro | Ottawa

With reports the federal election campaign could begin as early as Sunday, New Democrats in Ottawa West–Nepean still don't have a candidate.

Former city councillor Alex Cullen, riding president Marlene Rivier and NDP staffer Shawn Sutherland are all vying for the nomination, and officials met Thursday to decide on a course of action.

"The decision at this point probably has little to do with the interests of the individual candidates," Rivier said. "We are all responding to something somewhat larger than our individual campaigns."

Meanwhile in Orleans, Liberal Andrew Leslie's team isn't sweating the timing of the writ.

"It changes nothing," said campaign spokesman Shawn Kalbhenn. "There was a lot of speculation back in the spring that there would be an election, so we've been basically ready to go ever since then."

Campaign workers have been door-knocking since January, he said, and they've already got ads on bus shelters.

If the writ does drop Sunday, the resulting 11-week campaign will be the longest in recent history — and the most expensive, to the seeming advantage of the well-funded Tories.

"There's little doubt that this has to do with their bank balance, which exceeds anyone else's," Rivier said, but added the longer campaign could be a "double-edged sword," exposing the government's record to lengthier voter scrutiny.

"Yeah, it's a marathon, not a sprint so you've got to take it day by day and we are," said Kalbhenn.

Metro just had to ask: Did either have any plans for the coming long weekend?

"Not anymore," laughed Kalbhenn, who now finds himself busy planning a potential campaign launch event.

Rivier, however, has an important date in New York City, an annual outing with her two sisters, and she's not about to break it:

"All year long, we're busy looking after our families and our children, and once a year, the three of us drop everything and do a trip together. We will be leaving at the crack of dawn tomorrow, so I was less than happy to read the reports yesterday afternoon."

While area Conservative candidates might have a better idea than the opposition of whether the campaign really starts this weekend, they didn't seem to be talking yesterday. Nobody from local Conservative campaigns and riding associations returned Metro's calls or emails by deadline.

Lt. General (ret.) Andrew Leslie speaks in Montreal. Leslie is the Liberal candidate for Ottawa-Orléans. THE CANADIAN PRESS FILE

> **There was a lot of speculation back in the spring that there would be an election, so we've been basically ready to go ever since then.**
> Shawn Kalbhenn, spokesman for Andrew Leslie

QUESTIONS & ANSWERS

Dollars to Duffy: Election facts you need to know

Lucy Scholey
Metro | Ottawa

The federal election campaign could officially be underway on Sunday, but voting day is not until Oct. 19. If an early campaign call smack in the middle of a summer long weekend has you scratching your head, you're not alone. Here's what you need to know.

I'll be too busy relaxing on my dock this weekend to think of the election. If the rumours are true, why would Prime Minister Stephen Harper make the call so early?

It's still a mystery. But once the writ is dropped, there will be strict campaign rules in place, including candidate spending limits and a restriction on third-party ads. However, a longer campaign means parties can spend an additional $675,000 per day for a campaign longer than the 37-day minimum. Some say this will benefit the Conservatives, who may have more money in their coffers than the other parties. Jon Pammett, a political science professor at Carleton University, said the Conservatives may also be making an early election call to grab the attention of more voters. However, he expects a slow start to the campaign, with more voters tuning out than in.

Is this an unusually early election call?

At 11 weeks, this will be the longest campaign in more than a century — and expect it to be the costliest for taxpayers. Parties can cash in on a campaign rebate, which means taxpayers pay 50 per cent of national campaign costs.

Sen. Mike Duffy's trial starts up in a few weeks with testimony from Harper's former chief of staff, Nigel Wright. How might this affect the prime minister's campaign?

He will likely be dogged by daily questions from reporters who previously lacked a venue to ask. "That's a big wild card," said Pammett, when asked the same question. "Duffy is planning to take the stand himself at some point. If he starts accusing Harper, then that really will put the cat among the pigeons."

STAR CANDIDATES

Ottawa hopefuls

Ottawa might be the seat of federal power and play host to MPs all year round, but come voting day residents within the city will be choosing candidates from nine different ridings. Some represent key positions for the parties vying for power — here are six of the better-known candidates:

Catherine McKenna
Party: Liberal
Riding: Ottawa Centre
McKenna is an international trade lawyer and has lived in Ottawa for 12 years. She'll be challenging Paul Dewar, the current MP for Ottawa Centre. In the 2011 election the NDP won the riding with 52 per cent of the vote, with Liberal candidate Scott Bradley coming in third.

Paul Dewar
Party: NDP
Riding: Ottawa Centre
Dewar is a former Ottawa teacher and currently critic for foreign affairs. He ran for leadership of the NDP in 2011 after the death of Jack Layton. Dewar inherited Ottawa Centre from Ed Broadbent, and has held the riding since 2006.

Pierre Poilievre
Party: Conservative
Riding: Carleton
Poilievre is currently Minister of Employment and Social Development, and has been in the news recently as the face of the Universal Child Care Benefit. He has held a seat in the House of Commons since 2004.

Andrew Leslie
Party: Liberal
Riding: Ottawa–Orléans
Leslie is the former lieutenant general who retired in 2011 and is now running for the Liberal Party. He's going up against Conservative incumbent Royal Galipeau in what is expected to be a tight race.

Royal Galipeau
Party: Conservative
Riding: Ottawa–Orléans
Galipeau has been a member of Parliament for Ottawa–Orleans since 2006, although the riding tends to be closely split between Conservative and Liberal voters. Outside of politics, Galipeau has served as a city councillor in Gloucester and spent two terms as director of TVOntario.

David McGuinty
Party: Liberal
Riding: Ottawa South
McGuinty is a former lawyer and has been the MP for Ottawa South since 2004. In the previous election he won the riding with 44 per cent of the votes, beating the Conservative runner-up by nine per cent. He was born in Ottawa and is the brother of former Ontario Premier Dalton McGuinty.

HALEY RITCHIE/METRO

Canadian Finance Minister Joe Oliver, centre, shakes hands with Ontario Finance Minister Charles Sousa after signing an agreement to move towards a co-operative capital markets regulatory system last July. Also pictured: Saskatchewan Justice Minister Gordon Wyant, second from right; British Columbia Finance Minister Mike de Jong, left; and New Brunswick Justice Minister Troy Lifford. FRED CHARTRAND/THE CANADIAN PRESS

Ontario pension takes spotlight

POLITICS

Provincial Libs push for federal support of new plan

Ontario's Liberals waded into the looming federal election Thursday, accusing Prime Minister Stephen Harper of abandoning workers in the province by refusing to co-operate on a new provincial pension plan.

Ottawa has warned the province it will not make any legislative changes to treat the proposed Ontario Retirement Pension Plan like the Canada Pension Plan, and would provide no federal help to collect contributions or administer the scheme.

"This is a cynical, partisan stunt, executed on the eve of a federal election campaign,'' said Ontario Finance Minister Charles Sousa.

Two-thirds of Ontario workers do not have a workplace pension, and Harper knows that CPP payments averaging $6,900 a year will not provide adequate retirement income, added Sousa. However, Harper will get a pension of $191,000 a year when he leaves office, he said.

"What he's telling you is fend for yourself, but not him," said Sousa. "He's going to have a gold-plated pension plan that's going to provide tremendous benefit for future years for himself, but he's denying that very right to the people of Ontario."

Responding to Sousa's accusations, federal Employment Minister Pierre Poilievre said Ontario's Premier Kathleen Wynne and Liberal Leader Justin Trudeau are bent on increasing taxes.

"We are committed to doing everything possible to stop the massive Trudeau-Wynne payroll tax hike on middle-class families," said Poilievre.

The federal government already has a co-operative agreement with the Quebec Pension Plan and it made legislative changes to the Income Tax Act in 2010 to allow higher contributions to the Saskatchewan Pension Plan, noted Sousa.

Ontario's new pension plan would require contributions of up to $1,643 from employers and workers in any company that does not have a workplace pension, but exactly who will have to participate is still being worked out. It will be phased in starting in 2017 with larger companies before moving to smaller businesses like corner stores.

Sousa admitted Ontario would face greater costs to set up and administer its pension plan if it can't get the co-operation of the Canada Revenue Agency but insisted the province will go it alone if there is no change in federal government after Oct. 19. The province would prefer to enhance the CPP rather than implement its own plan, but the Conservatives oppose any increases to CPP deductions. THE CANADIAN PRESS

IN BRIEF

Threatening note left at daycare, teen arrested

Gatineau police say they arrested a 14-year-old girl after a threatening note was posted on the door of a daycare. Staff notified police of the incident on July 24. The teen faces at least five criminal charges and made a court appearance Thursday where the Crown opposed to her release from custody.

JOE LOFARO/METRO

FOOD

Return of the ribfest

The smoke, the sauce and the sticky are returning to Ottawa this weekend as the second downtown ribfest of the year takes over Marion Dewar Plaza outside city hall.

"We wanted to offer something new and exciting and it's such a big market," said Capital Ribfest organizer Les Gagne. "People love their barbecue and having one location with everything is a great way to do it."

The ribbers will be set up July 30 to Aug. 3 and the "best in ribs" competition will kick off at 1:30 p.m. on Saturday.

Gagne said the festival is deliberately different from the Sparks Street Ribfest, as it features a circular layout, Broadhead beer tent and more than 10 different vendors.

HALEY RITCHIE/METRO

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Toronto's Boxcar Boys hit Ottawa with six free shows over the weekend as part of Chamberfest. Despite the band's youthful appearance, all musicians are well-seasoned in the composition of traditional, or "New Orleans" jazz. CONTRIBUTED

A trip to the 1920s jazz scene

CHAMBERFEST

Boxcar Boys swing into Ottawa this weekend

Trevor Greenway
Metro | Ottawa

When you spy a bunch of 20-somethings setting up on stage for a concert, most people foreshadow a raucous indie rock show full of jumps, leg jerks and sweaty moshpits.

But when you see Toronto's Boxcar Boys set up all over town this weekend, it won't take you long to figure out that you're in for something a little different.

Maybe it's the massive brass sousaphone you see on stage that tips you off; perhaps it's the sexiest accordion player you've ever spotted; or maybe it's the dude sitting on a plastic bucket, scratching an old washboard that will confirm that this ain't no regular show.

They may all be in their 20s, but they play songs that were written long before they even had ears.

And they nail it.

"I think a portion of where the sound comes from is the instrumentation," says band leader and clarinet player John David Williams.

"We all play acoustic instruments and it sort of all just comes together to create that sound."

The band is full of young players in their early and late 20s, an odd age to be playing original, 1920s jazz in a world bursting with DJs, EDM festivals and electro popping beats. But it's the love of New Orleans jazz culture that can't keep Williams and crew away from that organic sound.

"I think there is something in the simplicity that draws us to it. It's just fun and honest."

"A growing number of people are finding appeal in the sort of roughness of folk and acoustic music, versus the super sharp and clean sound you can come up with on a computer or mainstream pop music. There is a lot of beauty in the roughness and all the mistakes that comes with this sort of music."

He's right. There is a certain un-robotic feeling you get when listening to old-style acoustic music; a gratitude and appreciation knowing the song was crafted by weathered and withered human hands and puffing lips.

While he talks about simplicity in the sound, there is zero simplicity in the composition of these old-style songs, most of which are original tunes crafted by the Toronto six-piece. There is tons of improvisation and communication going on live on stage, as the band moves through odd time signatures and solos that will tickle your ears the right way. It has taken years and years of classical training, years of rehearsing with trusted bandmates, but perhaps most importantly, a decade or so of listening to the jazz greats who took over the airwaves from the 1920s to the early 70s.

While the rest of us were rocking out to Nirvana, Alice in Chains and Soundgarden, Williams was in his room, calmly listening to guys like Benny Goodman and Artie Shaw — those original jazz cats from the 1930s and 40s that later paved the way for jazz greats like Miles Davis, Charlie Parker and Herbie Hancock.

The band also dabbles in folk, Klezmer and wild gypsie music — tunes that will get hundreds of Ottawans moving and grooving this weekend at their stacked schedule of free weekend shows as part of Chamberfest.

The Boxcar Boys are playing six free shows over the weekend — everywhere from the ByWard Market to Lansdowne Park.

It's the perfect opportunity to see a great band live with the family, the kids or that special someone you are in the midst of wooing. Take her or him to a vintage jazz show and who knows where things will go.

So strap up those suspenders, don that 40s era fedora and snap your fingers for a weekend full of great acoustic music.

BOXCAR BOYS SHOWS

Saturday, Aug. 1 ("Ottawa Markets Tour")

11 a.m., Main Farmer's Market @ Canadian Museum of Nature

12 p.m., Parkdale Market

1 p.m., Ottawa Farmer's Market @ Westboro

5 – 7 p.m., ByWard Market

Sunday, Aug. 2

11:30 – 12:30 p.m., ByWard Market

5:30 – 6:30 p.m., Lansdowne Park Summer Art Series (Water Plaza)

A growing number of people are finding appeal in the sort of roughness of folk and acoustic music, versus the super sharp and clean sound you can come up with on a computer or mainstream pop music.
Boxcar Boys band leader and clarinet player John David Williams

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Excludes 2014 Chrysler 200 LX, 2015 Chrysler 200, 2014 Dodge Avenger CVP, 2015 Jeep Renegade (all models), 2014/2015 Dodge Grand Caravan CVP, 2014/2015 Dodge Journey CVP and SE Plus, 2014/2015 Dodge Dart (all models), 2015 Dodge Charger SRT Hellcat, 2015 Dodge Challenger SRT Hellcat, 2014/2015 Jeep Wrangler Sport, 2014/2015 Jeep Patriot (all models), 2014/2015 Jeep Compass Sport (select models), 2014/2015 Jeep Cherokee (all models), 2014/2015 Ram Cargo Van, 2014/2015 Ram 1500 Regular Cab, ProMaster City and all 2014/2015 FIAT models. Offer available at participating Atlantic and Ontario retailers only. See retailer for complete details and exclusions. ➢2.99% purchase financing for up to 96 months available on select new 2015 models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. 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Company handed stop-work order

KANATA

Roofer hurt on the job spurs safety investigation

A 65-year-old man was sent to hospital in serious condition Tuesday after sustaining injuries during a roofing operation at 1027 Teron Rd.

The worker was reportedly hurt by a falling roof hoist while atop the one-storey commercial building in Beaverbrook, said Ontario Ministry of Labour spokesman William Lin.

Paramedics and Ottawa police responded to the scene at about 10 a.m., but the Ministry of Labour took the lead on an investigation into the injury, said police.

An inspector and an engineer sent to the scene found National Roofing Inc. and its workers were disregarding several rules under the Occupational Health and Safety Act, resulting in six orders and one stop-work order, said Lin.

Some of the legally binding orders require the company to ensure all workers wear protective headgear when on a project, that roofing material be removed a safe distance from the edge of the roof and that a propane cylinder on the roof is secured in an upright position.

The stop-work order requires the company to not use the roof hoist until it is properly maintained to the inspector's satisfaction, with a further order requiring regular inspection of the hoist.

Lin said the ministry's investigation is ongoing. The ministry can prosecute individuals for violating the Occupational Health and Safety Act, which can result in fines ranging up to $25,000 and/or imprisonment for up to 12 months. The maximum fine for a corporation convicted of an offence is $500,000.

Lin would not speculate on whether charges were being considered in this case, and did not give an update on the condition of the injured worker.

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Artifacts like this re-built pottery piece will be on display during the City of Ottawa's Archaeology Month. CONTRIBUTED

ARCHEOLOGY MONTH

Exhibits unearth pieces of history

Haley Ritchie
Metro | Ottawa

The city is getting ready for the third edition of Archaeology Month, a chance to celebrate the people and cultures that lived in the region centuries ago.

"It's a great opportunity to learn about the human history of Ottawa that spans back over 10,000 years — something not many people understand," said Cathy Shepertycki, the city's coordinator of cultural development.

"We're so caught up in the present all the time, and we need to be, but it's exciting to learn and understand from the 10,000 years of human history that took place ... on this land," she said.

Included in the month-long programming is a temporary archaeology exhibition set up at city hall starting July 31 in partnership with the Algonquins of Pikwàkanagàn First Nation and the Cultural Education Centre at Kitigan Zibi Anishinabeg First Nation.

Shepertycki said there's a range of artifacts to be seen, including tools and art. Many were recovered from what is now the heart of downtown Ottawa, including LeBreton Flats and the new Lansdowne Park development.

Other exhibits during the month will take place at Pinhey's Point Historic Site, the Rideau Canal, LeBreto Flats, Diefenbunker and local aboriginal cultural centres.

IN BRIEF

Safety, speeding top of mind for police

Pedestrian safety and speeding will be the focus of Ottawa and Gatineau police during the month of August.

They say 1,804 collisions involving pedestrians were reported between 2009 and 2013, which resulted in 33 deaths and 1,716 injuries.

Police also say there were 15,985 collisions reported during the same time period involving speeding, which resulted in 75 deaths and 4,431 injuries.

Ottawa police say residents have identified traffic safety as a top priority. METRO

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INTERNATIONAL INCIDENT

Ontario pastor detained in North Korea

A South Korean news agency is reporting that an Ontario pastor detained in North Korea has confessed to "subversive plots" against the Communist state during a televised news conference.

Yonhap says Rev. Hyeon Soo Lim of the Light Korean Presbyterian Church in Mississauga, Ont., is quoted by the Korean Central News Agency as saying he was "a servant of the U.S. imperialists and South Korean puppet group."

A church spokeswoman says Lim was on a humanitarian mission to North Korea when he was detained in early February.

Lisa Pak says the 60-year-old Christian missionary left Canada on Jan. 27 with stops in South Korea and China before crossing into North Korea on Jan. 31.

She says Lim's family remains hopeful he will be released at some point, but didn't want to comment on the reports of his alleged confessions.

A Foreign Affairs spokeswoman says the government is "deeply concerned" and continues to try to arrange consular access and a find resolution to his case. Assistance is difficult, however, because Canada has no diplomatic office in the Communist nation.

At Thursday's news conference, Lim reportedly said that he travelled to several parts of the country pretending to deliver aid, but his real purpose was "to build a base to overthrow the system of the country and create a religious state."

He then went on to apologize for his "indescribable treason," the report said.

Pak says the pastor has a deep love for the North Korean people, which is the reason he has visited the country more than 100 times.

THE CANADIAN PRESS

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Laurie Samuel alleges she was discriminated against for being Canadian while working for the Metropolitan Police in Washington, D.C. WASHINGTON METROPOLITAN POLICE DEPT. VIA FACEBOOK

Woman sues U.S. ex-boss

EMPLOYMENT

Says she was discriminated against due to being Canadian

A Canadian woman living in the United States is suing her former employer on the grounds that she was discriminated against because of her country of origin.

Laurie Samuel has filed a lawsuit against the Metropolitan Police Department (MPD) in Washington D.C., where she worked from 2006 to 2013.

Samuel alleges that her former boss made derogatory remarks about her Canadian citizenship, blocked her application for permanent residency, and talked about wanting to hire an American in her place.

Samuel is seeking back pay as well as punitive damages and legal costs. The Office of the Attorney General, which oversees the MPD, has not yet filed a statement of defence against Samuel's allegations.

According to the statement of claim, Samuel, who was born in Canada, completed graduate work in the United States and joined the MPD in 2006 shortly after finishing a PhD in criminology.

The bulk of her allegations are levelled against Diane Hains Walton, who was her direct supervisor for most of her time with the department.

Hains Walton grew resentful in 2008 when Samuel was assigned greater responsibility within the force's human resources management division, the statement says.

Things escalated over the next several years, the claim says, with Samuel alleging that her boss began disparaging her to co-workers, blocking her attempts to apply for promotion within the department, and telling staff that she wished to "hire an American" in Samuel's place.

THE CANADIAN PRESS

IN BRIEF

Canada set to give $8.3M to boost fight against ISIL

Canada is prepared to give up to $8.3 million in additional funding to Iraq and neighbouring countries in the fight against militants from the Islamic State of Iraq and the Levant, Foreign Affairs Minister Rob Nicholson said Thursday.

The money will fund defence programs in Iraq and non-lethal military equipment purchases in countries in the region, he said in a statement after meeting members of the anti-ISIL coalition in Quebec City.

THE CANADIAN PRESS

5 THINGS VOTERS SHOULD KNOW ABOUT THE CAMPAIGN

Stephen Harper is poised to fire the starting gun for the Oct. 19 federal election. Sources say the prime minister is set to visit Gov. Gen. David Johnston within days, possibly as soon as Sunday, to formally dissolve Parliament and launch what will be the costliest and — at 11 weeks — one of the longest campaigns in Canadian history. THE CANADIAN PRESS

ISTOCK

1 Number of days

Elections law requires a minimum campaign of 37 days. It does not impose a maximum length. Harper is choosing to make this the longest traditional campaign in Canadian history. Only the first two election campaigns after Confederation were longer — 81 days in 1867 and 96 days in 1872 — but in those early days voting was staggered across the country over a period of several months, necessarily extending the length of the campaigns. Since then, the longest campaign was 74 days in 1926.

JONATHAN HAYWARD/ THE CANADIAN PRESS FILE

2 Cha-ching

Due to legislation passed last year by the Harper government, campaign spending limits for parties and candidates will increase by 1/37th for every day longer than 37 days. Even had this campaign lasted just the minimum length, it was already on target to be the costliest in history, with spending limits of about $25 million for each party and an average of $100,000 for each candidate. Those limits will more than double for an 11-week campaign. That gives an advantage to Harper's Conservative Party as its candidates have raised more money than any other party.

ADRIAN WYLD/THE CANADIAN PRESS FILE

3 Campaign costs

Elections Canada estimates that a five-week campaign would cost about $375 million to administer. A longer campaign will mean the agency must pay untold millions more to rent office space, furniture and equipment for returning officers in each of the country's 338 ridings and for staff in those offices. Taxpayers will also foot the bill for much larger rebates to parties and candidates, who receive reimbursements for 50 per cent and 60 per cent, respectively, of their eligible election expenses.

ADRIAN WYLD/THE CANADIAN PRESS FILE

4 It's debatable

The tradition of holding two televised leaders' debates, the pivotal point of modern election campaigns, will not apply this time. The Conservatives upended that tradition last spring by announcing that Harper would not participate in the one French and one English debate sponsored by a consortium of broadcasters. Instead, there will be a series of at least four debates sprinkled throughout the campaign and sponsored by a variety of sources, starting Aug. 6 with a debate sponsored by Maclean's magazine.

5 Ready, set, vote

Under legislation passed by the Harper government last year, voters will need to produce identification that shows where they live before being allowed to cast ballots. As well, voter information cards sent to all electors by Elections Canada will no longer be considered valid pieces of ID. Electoral experts have warned these two measures could disenfranchise tens of thousands of voters, particularly the elderly, young people and aboriginals who are least likely to have proof of address.

DARRYL DYCK/THE CANADIAN PRESS FILE

WOMEN'S HEALTH

Cabinet ministers mum on abortion pill

Conservative cabinet ministers shied away Thursday from questions about Health Canada's decision to approve the abortion drug known as RU-486.

Justice Minister Peter MacKay declined to comment on the decision during a stop in Calgary to make an unrelated announcement.

"Oh gosh. I think that would best be directed to (Health) Minister (Rona) Ambrose," he said.

"It is an issue of course for women, families, Canadians everywhere, but I think your question would best be directed to Health Canada. Personal opinions are best kept personal."

Health Canada confirmed late Wednesday that it has approved the drug for use here, a decision that comes two-and-a-half years after the manufacturer's application was submitted.

Women will need to obtain a prescription from a doctor to purchase the pill.

Ambrose told reporters in St. Albert, Alta., that the decision did not rest with her.

"It's out of my hands and the decision is final," she said.

"Any of those details you would have to speak to the officials at Health Canada and the scientists that actually manage the regulatory approval process. I'm not involved in it."

Ambrose cancelled two events scheduled for Thursday afternoon and Friday in Edmonton and area. No reason was given.

A Conservative MP from Saskatchewan strongly condemned the government for approving the drug.

The RU-486 drug has been available since 1988 in France and was approved for use in the United States in 2000.

Vicki Saporta, CEO of the National Abortion Federation and its Canadian offshoot, NAF Canada, has said the drug probably won't be available in Canada until early next year.

THE CANADIAN PRESS

BACKGROUND

The move comes 10 years after the World Health Organization endorsed the drug on its list of essential medicines that all countries should have available.

TERROR TRIAL

Cairo court delays journalist's verdict

Mohamed Fahmy's legal saga was drawn out further on Thursday as an Egyptian court abruptly postponed a much-anticipated verdict in his widely denounced terror trial.

The Canadian journalist — who was first arrested 19 months ago — expressed frustration at the delay, which will now see him return to a Cairo court on Aug. 2.

"It's just mind boggling the way they continue to play with our emotions here," Fahmy told The Canadian Press. "It's very hard on everyone."

The delay means more anxious anticipation for Fahmy, who admitted a postponement of a verdict was not one of the outcomes he had prepared for.

Canada's minister of state for consular affairs said the government was calling on Egypt to use "all the tools at its disposal" to resolve Fahmy's case.

Amidst the stress of the last week, Fahmy added that he and his then-fiancee, Marwa Omara, had married each other.

THE CANADIAN PRESS

AFGHANISTAN

Taliban confirm the death of leader

The Taliban confirmed the death of longtime leader Mullah Mohammad Omar and appointed his successor Thursday, as a new round of peace talks was indefinitely postponed amid concerns over how committed the new leadership is to ending the militant group's 14-year insurgency.

The Afghan Taliban Shura, or Supreme Council, chose Mullah Omar's deputy, Mullah Akhtar Mansoor, as its new leader, two Taliban figures said, adding the seven-member council had met in the Pakistani city of Quetta.

Mansoor is considered close to Pakistani authorities who hosted peace talks earlier this month, and his election could widen an internal split between fighters who favour negotiations with the Afghan government and those who want to continue an insurgency that has gained speed following the end of the international combat mission last year. Mansoor has effectively commanded the movement for the three years since Mullah Omar's previous deputy and co-founder of the movement, Mullah Abdul Baradar, was arrested by Pakistani authorities. Observers say he has the respect of battlefield commanders and is behind the intensification of the war in recent months. THE ASSOCIATED PRESS

During 14 years of jihad ... Mullah Omar never left Afghanistan.
Statement from Mullah Omar's family

French police carry a piece of debris from a plane in Saint-Andre, Reunion Island, on Wednesday. LUCAS MARIE/THE ASSOCIATED PRESS

POLICE KILLINGS

Officer pleads not guilty in shooting

A white U.S. police officer who shot a black motorist after stopping him over a missing licence plate pleaded not guilty Thursday to charges of murder and voluntary manslaughter.

The July 19 death of 43-year-old Samuel DuBose in Cincinnati, Ohio, comes amid months of national scrutiny of police dealings with African-Americans, especially those killed by officers.

Officer Ray Tensing, 25, appeared at his arraignment Thursday wearing a striped jail suit, with his hands cuffed behind him.

When Judge Megan Shanahan set bond at $1 million, people in the courtroom audience cheered and the judge rebuked them. The judge rejected the defence attorney's contention that Tensing wasn't at a flight risk.

Tensing's attorney Stewart Mathews said that there are two sides to the case and that the much-viewed body camera video of the stop can be interpreted differently from the prosecutor's version.

Mathews described Tensing, who is due back in court in August, as "very depressed" and "in shock at this point," adding that Tensing has felt "like he's been run over by a train from the state of the case and it continues." Tensing, who could face up to life in prison if convicted, has said he thought he was going to be dragged under the car and "feared for his life," according to Mathews. THE ASSOCIATED PRESS

IN BRIEF

Safari Club suspends hunter after lion killing

An international hunting organization is suspending the membership of the U.S. hunter accused of illegally killing a protected lion in Zimbabwe and wants a "full and thorough investigation" into the lion's death.

Safari Club International, which promotes big-game hunting worldwide, issued a statement Wednesday saying memberships for Walter Palmer and his guide in Zimbabwe, Theo Bronkhorst, will be on hiatus until investigations are complete. THE ASSOCIATED PRESS

Chimps aren't persons, New York court decides

A judge has dismissed a lawsuit that sought to free two chimpanzees from a New York state university by arguing the animals deserved "personhood" status.

State Supreme Court Justice Barbara Jaffe writes in a decision made public Thursday that she is bound by a higher court's decision from considering the chimps as people. The Nonhuman Rights Project had filed court papers to remove the chimpanzees from Long Island's Stony Brook University. THE ASSOCIATED PRESS

Solid clue turns up in hunt for MH370

MISSING AIRCRAFT

Investigators say washed-up wing part from a Boeing 777

A sea-crusted wing part that washed up on an island in the western Indian Ocean may be the first trace of Malaysia Airlines Flight 370 since it vanished nearly a year and a half ago — and a tragic but finally solid clue to one of aviation's most perplexing and expensive mysteries.

Malaysia's prime minister said Thursday the debris found on the French island of Reunion will be sent for investigation to the French city of Toulouse, hub of the European aviation industry.

"We have had many false alarms before, but for the sake of the families who have lost loved ones and suffered such heartbreaking uncertainty, I pray that we will find out the truth so that they may have closure and peace," Najib Razak said on his personal blog.

Najib promised to make any new information public quickly.

Air-safety investigators — one of them a Boeing investigator — have identified the component as a "flaperon" from the trailing edge of a Boeing 777 wing, a U.S. official said. Flight 370, which disappeared March 8, 2014 with 239 people on board, is the only 777 known to be missing.

The piece could help investigators figure out how the plane crashed, but whether it will help search crews pinpoint the rest of the wreckage is unclear, given the complexity of the currents in the southern Indian Ocean and how much time has elapsed since the plane disappeared.

"It's the first real evidence that there is a possibility that a part of the aircraft may have been found," said Australian Transport Minister Warren Truss, whose country is leading the search for the plane in a remote patch of ocean far off Australia's west coast. "It's too early to make that judgment, but clearly we are treating this as a major lead." THE ASSOCIATED PRESS

Clearly we are treating this as a major lead.
Warren Truss, Australian transport minister

ISRAEL

Man stabs six at Jerusalem pride parade

Revellers dancing and singing through the streets of Jerusalem during the holy city's annual gay pride parade were left shrieking in pain and panic Thursday night, as an anti-gay extremist lunged into a group leading the march and stabbed six people, Israeli police and witnesses said.

Police said the attacker, Yishai Schlissel, who was arrested at the scene for Thursday's attack, had been released from prison just three weeks ago, after serving a sentence for stabbing several people at the parade in 2005. Six people were wounded in the attack, two of them seriously, Eli Bin of Israel's emergency service said.

Plainclothes police detain a man at Gay Pride in Jerusalem Thursday. SEBASTIAN SCHEINER/THE ASSOCIATED PRESS

The Gay Pride Parade was proceeding as planned with party music, Israeli flags and rainbow-clad marchers winding their way through central Jerusalem's barricaded streets, under a heavy police presence.

An Associated Press photographer witnessed the attacker enter the throng of people with his hand in his coat and within seconds raise a knife and begin stabbing people in the back. Police pounced on him and arrested him. The crowd's carefree cheers suddenly gave way to screams. THE ASSOCIATED PRESS

Bombardier profits down

MANUFACTURING

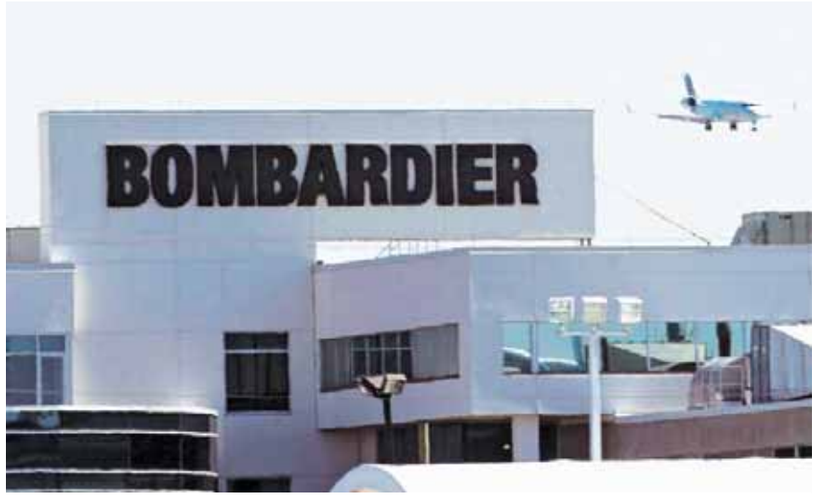
New CEO cutting costs amid slumping sales abroad

Bombardier said it will delay the debut of a new business jet it had touted as an example of its forward thinking as it announced plans Thursday to cut costs amid a drop in profits.

After his first full quarter at the helm, CEO Alain Bellemare said he has a stronger grasp of what the company needs to do to turn around and it is looking to reduce the cost of making its planes and trains.

"After five months on the job, I have a better understanding of our challenges and opportunities," said Bellemare, who took over in February, on a conference call with investors.

"We are taking specific action, including the launch of our Bombardier transformation plan, a disciplined approach to cash management and the strengthening of our leadership team to reshape the company and ensure our long-term success."



A Challenger jet comes in for a landing past the Bombardier plant in Montreal in May.
RYAN REMIORZ/THE CANADIAN PRESS

The company said the debut of its new Global 7000 business jet will be delayed until 2018, two years after its original schedule of 2016. Bellemare said a review of the project was nearly complete and that the first test-flight plane is currently being assembled in Toronto.

Bombardier reported a second-quarter profit of $125 million US, down from $155 million a year ago, as a stronger U.S. dollar hurt revenue.

Chief financial officer Pierre Alary said falling demand for its business jets from China and Russia helped drag down its profits, but the company expects demand to rebound in the second half of the year.

Net orders for its business airplanes fell to eight during the second quarter from 30 a year earlier, the company said, while orders for its commercial aircraft fell to three from 18 last year.

In May, the company said it would cut about 1,750 employees in Montreal, Toronto and Ireland, citing the same weak demand for its business jets.

Bombardier is looking for new options for its rail business as it prepares an initial public offering for a minority stake in the division. Bellemare said the company is open to an alternative but it is not considering selling the entire rail unit.

The plane and train maker, which keeps its books in U.S. dollars, said revenue totaled $4.6 billion for the quarter, compared with $4.9 billion in the same quarter last year. However, excluding the impact of foreign exchange, revenue was up two per cent.

THE CANADIAN PRESS

$4.6B

Second-quarter total revenue, compared to $4.9B in Q2 last year

IN BRIEF

IMF hesitates on third bailout in Greek crisis

An International Monetary Fund official says the IMF cannot participate in another Greek bailout until Greece and its creditors make difficult decisions on economic reforms and debt relief. Briefing reporters on condition of anonymity, the official says Greece needs to commit to reforms and creditors must provide debt relief — extending loan terms or reducing the debt outright — that will allow Greece to pay its bills over time. Still, the fund is participating in talks. THE ASSOCIATED PRESS

market minute

DOLLAR 76.86¢ (-0.40¢)

TSX 14,382.78 (+80.98)

OIL $48.52 US (-27¢)

GOLD $1,088.70 US (-$4.60)

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metro VIEWS
Your essential daily news
WEEKEND, July 31 - August 3, 2015

THE KOHLER REPORT: ON BARE BREASTS

Police officers need to accept that no matter how uncomfortable, nervous or randy a topless lady might make them feel, female bodies aren't indecent.

I used to date a guy who loved to take his shirt off. His favourite place in which to go topless was any sunny one, any hot one or, really, any public one. It wasn't long before I realized he was a douchebag and broke it off. That said, as much as he was a dipstick, had a police officer ever stopped him and told him to put a shirt on, I would have been appalled. In Canada, each of us has a right to be a topless douchebag.

Headlines went gaga this week for three sisters in Kitchener-Waterloo, Ont. They were stopped by police while bike riding top-nude. According to the sisters, the officers' first concern was that they cover up, but when one of the ladies started recording the interaction, police concern mysteriously turned from breasts to bicycle safety (bells, lights, helmets etc.) It seems they knew not to challenge a bare breast on camera.

The long-short story of toplessness in Canada goes something like: In 1991, Gwen Jacob was arrested and found guilty for walking home from the University of Guelph topless (the charge was indecency). In 1996, the Ontario Court of Appeal acquitted Jacob which kinda-pretty-much made it legal for women to go topless in Ontario (a decision which heavily influenced the rest of Canada. Though, as the sisters' ordeal illustrates, the issue is subject to local interpretation — and the selective memories of police.

And now, 20 years later, ladies are still having problems hanging out.

Here's the thing: There are about 13 reasons I personally wouldn't go topless, ranging from quality of breast to fear of burnt areolas to, yes, fear of someone thinking I'm a douchebag. But these are my personal neuroses, and just because I wouldn't do it doesn't mean I don't want to know I *could* do it without someone scolding or humiliating me. I get enough of that in my Boot Camp class at the Y.

Police officers need to be informed and need to accept that, no matter how uncomfortable, nervous or randy a topless lady might make them feel, female bodies aren't indecent.

Consider: Last month, a topless 8-year-old girl was asked to cover up at a public pool in Guelph, Ont. Isn't that gross? It was her first lesson in the difference between the sexes. There is nothing sexual about a little girl, so why ask her to put on a shirt? Because she needs to know that this is the way it's going to be. It's like training wheels for being oppressed.

While the seasonal climate might be right to go topless, we need to improve the social one, big time. I say it's time we train them. Take it all off, ladies! (Unless you don't want to!) I think we should saturate our culture in breasts until the only people that find it distracting are hungry babies.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler.

Happy face/Sad face

From **missing mixtapes** to **troves of treasure,**
Metro weighs in on the news making headlines this week

Historic hip-hop heist

Legendary DJ Grandmaster Flash has had his record collection — and a piece of music history — stolen from a New York parking garage. A valet was duped into giving the DJ's car, and three crates of rare, vintage, vinyl records, to an imposter. The artist, whose real name is Joseph Saddler, had the records because he was working on a TV show about the 1970s music scene. Saddler was one of the first to combine rap lyrics with cut-up funk and soul tracks to create a new genre: hip-hop.

SOURCE: BBC

Singing loud and free, finally

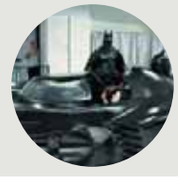
Happy birthday to ... stop right there, or you'll have to pay. But that may be about to change. Happy Birthday to You, which dates to the 1890s, is still under copyright. Now, a film crew is suing the song's owner, Warner/Chappell, claiming they have proof it should be in the public domain: A 1927 reprint that predates Warner's 1935 copyright by eight years. If a judge agrees, the song could soon be a free accompaniment to ice cream and cake.

SOURCE: WASHINGTON POST

Caped crusader with car trouble

Drivers on Ontario's Highway 401 near Napanee on Sunday were agape as they watched Batman, in his Batsuit, working on his Batmobile. Stephen Lawrence — a.k.a. the Brampton Batman — was driving home from a charity event when he heard an odd noise and stopped to inspect the problem. But by then, traffic was backed up with people trying to glimpse the masked man working on his vehicle without the aid of superpowers.

SOURCE: THE CANADIAN PRESS



Fishing for a fortune in Florida

Members of a Florida family who have been diving in the Atlantic for treasure for years have finally struck gold. Rick and Lisa Schmitt and their children found $1 million worth of gold artifacts from the wreckage of a 1715 Spanish fleet. The booty included 51 coins and 12 metres of gold chain, according to Fleet-Queens Jewels, which owns the wreckage. (The Schmitts were diving under a contract). The spoils will be split between the company, the Schmitts and a museum. SOURCE: REUTERS

ROSEMARY WESTWOOD

metroview

We may need to see the perils of smart weapons to believe

We've always excelled at imagining our own demise.

It's cathartic to sink into a story of ultimate despair, then emerge to see that it's not that bad, yet. No need to worry.

But the heavy brains of the world aren't just worrying, but urging us to wake up and smell the impending doom.

Top artificial-intelligence researchers and science figures, including Elon Musk and Stephen Hawking, issued a dire warning this week.

Artificial intelligence is "the third revolution in warfare, after gunpowder and nuclear arms," they wrote in an open letter. "The key question for humanity today is whether to start a global AI arms race or to prevent it from starting."

"Experts warn of killer robots," shouted the headlines. Enter your preferred pop-culture reference (mine's The Matrix).

At the University of Alberta, computer science professor Csaba Szepesvari was one of the letter's signatories. He studies how computers can process data in a way that lets them learn and make decisions, a critical step to operating intelligently and independently of humans.

With AI, "War becomes quite a different game," he said. "Compassionate decisions are removed."

It's not a matter of terminator cyborgs, necessarily; AI technology is becoming cheap and accessible enough that something more rudimentary but no less deadly — like a quadrotor armed with a bomb — could appear in years, not decades.

"The scariest part of it is you start to give it autonomy," Szepesvari said. Then, imagine it's infected by a bug — or hacked.

The signatories envision a different future, one in which AI is used for good.

Computers could design, execute and analyze their own experiments. Autonomous cars are here, and researchers have been developing AI robots to respond to disasters.

"There is a lot of hype around AI and a lot of misunderstanding," Szepesvari said. Killer robots aren't going to wipe out humans in 10 years, he noted, but "Average folk should pressure their governments to prevent this arms race."

I'm not sure I trust militaries to resist the temptation, or at the very least, I have a bad case of the cynicals. Industrialized societies seem addicted to invention and allergic to preparing for the consequences. Many turning points in climate-change action came only after people began to witness its effects. When it comes to the peril of AI weapons, will we need to see it to believe it?

And then, will it be too late?

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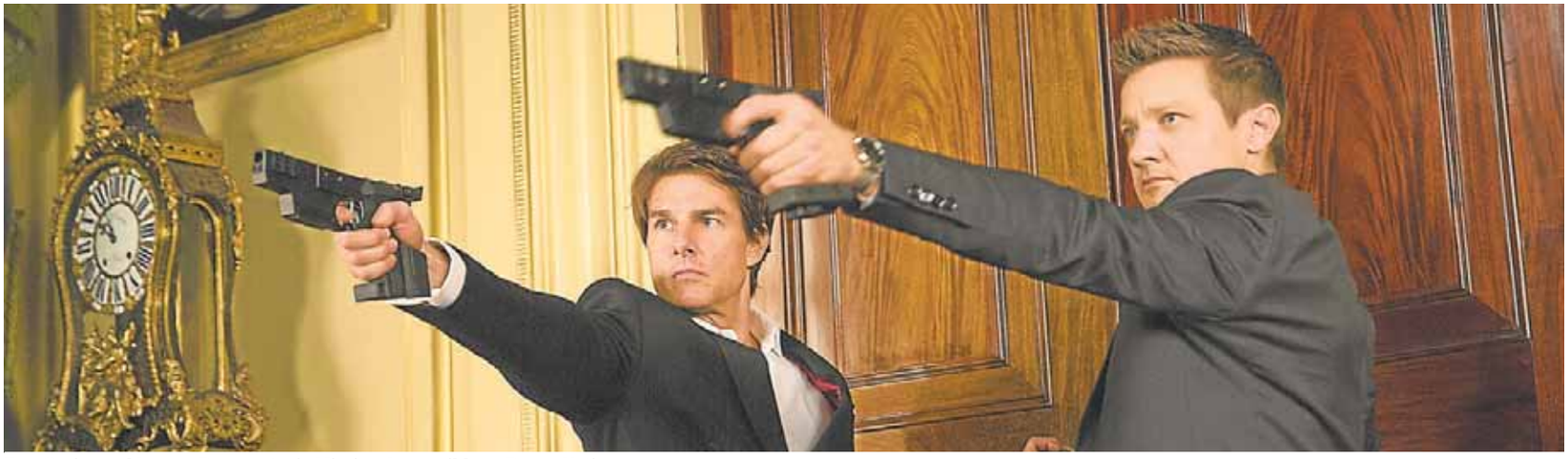
Black-ish creator Kenya Barris to remake original Shaft movie



Tom Cruise and Jeremy Renner star in Mission: Impossible — Rogue Nation. DAVID JAMES/THE ASSOCIATED PRESS

Real stunts add to the action

ACTION

It's not just nostalgia for pre-CG days, stunts impress

IN FOCUS

Richard Crouse

Check the IMDB page for Mission: Impossible — Rogue Nation. You'll learn that Tom Cruise clung to the outside of an Airbus A400M at an elevation of 5000 feet, held his breath for six minutes underwater and performed dangerous driving scenes all without the aid of an on-camera stuntperson.

It's not that he is trying to break the stunt union or put anyone out of work. Instead it is Cruise's commitment to making sure the stunts in his films have a true, palpable sense of danger to them.

Much of what we see on screen these days is computer generated, illusions made up of bits and bytes, but many of the truly eye catching images we've seen in movies this summer were created the old fashioned way.

Remember the "car drop" scene from Furious 7? Stunt coordinator (and former Knight Rider stunt driver) Jack Gill actually arranged for autos to be launched out of a C-130 Hercules four-engine turboprop military transport aircraft. They shot the scene twice. First aerial photographers in parachutes followed the cars as they dove from an altitude of 12,000 feet and then again from 8000 feet to get helicopter shots. The result is a wild sequence that feels like a roller-coaster ride with real cars.

After years of "following the CG evolution," using computer generated images to create beautiful animated films like Happy Feet and Babe: A Pig in the City, Mad Max: Fury Road director George Miller says he was keen to go back to "old school" filmmaking "with real cars and real people and real desert."

That means, unlike the Avengers and their ilk, respecting the laws of physics by using practical effects and keeping the action earthbound. In other words, in a call back to the original Max films — Mad Max, Mad Max 2: The Road Warrior and Beyond Thunderdome — when a car blows up it doesn't rocket into space. Instead it explodes spectacularly but organically. The wild action you see in Fury Road are actual stunts performed by stunt men and women and not generated by a clever computer operator in a studio. "It was like going back to your old home town and looking at it anew," Miller says.

Nicholas Hoult, who plays Nux in Fury Road, says having the stunts performed for real added to his performance.

"Because it was all real it actually makes your job a lot easier," he said. "Rather than being on a stage and having to pretend that things are happening around you and react to nothing, things are actually happening and your reactions are real."

Carla Gugino says there was quite a bit of greenscreen action in her earthquake movie San Andreas, but adds director Brad Peyton "wanted to do as much in camera as possible."

In one pivotal scene she and Dwayne Johnson are in a helicopter flying above the carnage.

"The helicopter was in a stage, on a greenscreen," she says, "but was on a gimbal many, many feet up that literally dropped, dove and spun. We were twenty-five feet off the ground."

"I think it makes a difference in watching the movie too. It feels much more viscerally connected."

So filmmakers and actors love giving audiences the real deal thrill of practical effects, but how did Tom Cruise, what feel about hanging on to the side of an aircraft in full flight?

"I was actually scared s—less," he says.

MOVIE RATINGS by Richard Crouse

Mission: Impossible — Rogue Nation ★★★★
Vacation ★★★
A Lego Brickumentary ★★

HOW RATING WORKS	
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★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT

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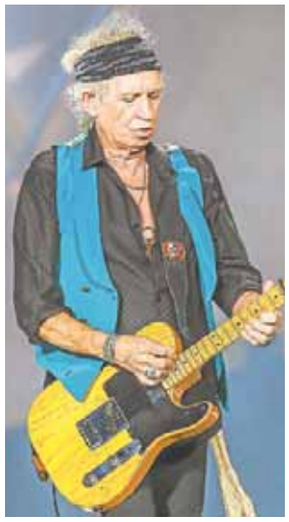
3 DOCS ON ROCK 'N' ROLL LEGENDS TO WATCH OUT FOR

From Amy to Montage of Heck, it seems to be the year of the music documentary, and the trend shows no signs of slowing. Rogers Waters recently revealed the trailer for his upcoming film, a movie about Frank Zappa has been announced, and now Keith Richards will be featured in a documentary coming to Netflix in September AFP

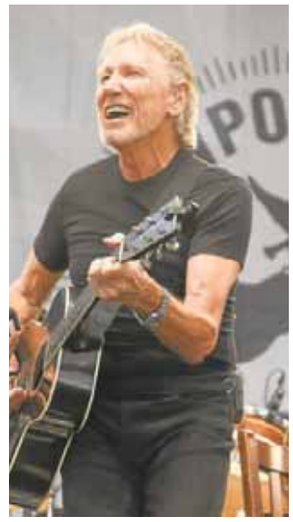
1 Under the Influence

This documentary about Rolling Stones guitarist Keith Richards will be released the same day Richards unleashes his first solo album in more than 20 years, Crosseyed Heart. Directed by Oscar-winner Morgan Neville (20 Feet from Stardom), the film is said to be an "unprecedented look into the sounds and influences" of the iconic musician, following him as he prepares his album and looking at the music that inspires him, from electric blues to country honky-tonk and southern soul, via visits to Chicago, Nashville and New York. Intimate conversations with Richards and rare archival materials are promised.
Sept. 18, on Netflix



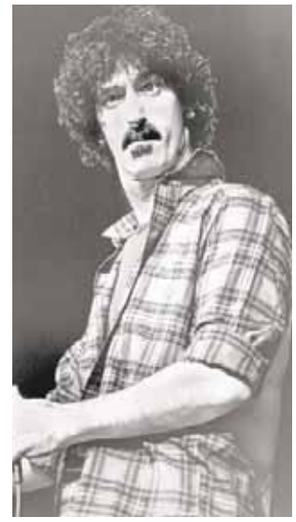
2 The Wall

Pink Floyd's Roger Waters will also release a film in September. The Wall is being called equal parts live concert, rock documentary and personal journey. At its centre will be the three-year tour Waters undertook to bring a live performance of Pink Floyd's 1979 album to fans around the globe. Behind the scenes, meanwhile, we will watch a personal story unfold, as Waters comes to terms with the death of his father in 1944. **Sept. 29, global release**



3 Next up: Frank Zappa

Announced last week, a documentary on the innovative musician Frank Zappa, with the approval of his family trust, is expected to see the light of day in a few years. Variety reported that Alex Winter (Deep Web) is set to direct from a script he wrote and has already begun production, although few details are known for now. The singer, songwriter, instrumentalist and composer, who died in 1993, innovated and experimented with rock, jazz and classical music over the course of his career. His 100th and final album, Dance Me This, released earlier this year. **2017, pending family approval**



Married, with children on the road

INTERVIEW

Applegate hits the road in the latest of the Vacation series

Ned Ehrbar
Metro | Hollywood

Christina Applegate takes the ultimate American family road trip in Vacation, but she didn't necessarily have a lot of personal experience to draw upon.

The movie looks like it was fun to make.
Luckily for us, we had a group of people that made it really fun. Some of the circumstances physically were kind of difficult, but we all were going through it together. This group isn't a group to complain, so it all was fine.

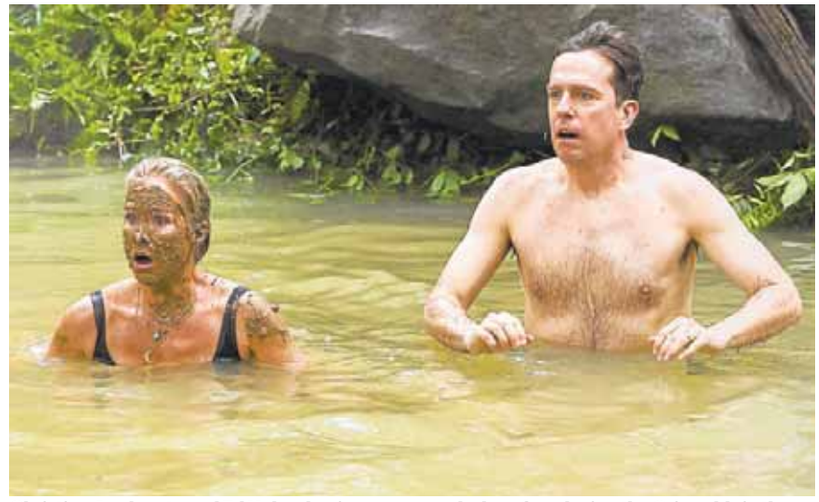
What kind of circumstances?
Hanging upside down (on a stopped roller-coaster). That one pushed me over the edge. That was one of those moments that they were like, "OK, can you just do the scene one more time?" And I was like, "No. Turn us back around."

Everyone else seemed to be fine, but I really thought I was going to pass out or something really bad was going to happen to my brain.

Roller-coasters were never really my idea of fun.
I always love a good roller-coaster, but that one was a tad rickety for me. When you feel like, "Wow, this actually could give me whiplash," that's never a good sign.

Have you gone on many family road trips yourself?
I didn't really have a family, so much. I grew up with a single mom as an only child.

My dad's family, we would go camping sometimes in his pop-top VW bus when I was a little kid, and I really enjoyed those. But my mom and I never really went on road trips. Well, we went to Tijuana once when I was like seven, but that was it.



Christina Applegate and Ed Helms having some good, clean fun playing the Griswolds in the family comedy Vacation. HOPPER STONE/THE ASSOCIATED PRESS

What made you want to go to Tijuana?
Ask her, because I don't understand it at all. No offense to Tijuana, but a seven-year-old and a woman, at that time in the '70s — it wasn't the safest of areas.

Your character has some interesting layers. What was your favourite aspect of her?
They had written a pretty rounded character, but I was just like, "Let's bring something in that we haven't seen." I wanted her to have a past, to have an edge, because to me that's the modern mom right now, the modern mom that I hang out with. I really wanted to make sure we represented the modern mom — these people who have come from kind of crazy places but have put their lives together and are these incredible moms because they've learned so much by the mistakes of their own parents, but we're also still kind of dark and twisty and edgy, and I kind of love that because I haven't seen that kind of mom represented a lot in movies.

THE TV DINNER JESSICA ALLEN

Tom Cruise is back in Mission: Impossible – Rogue Nation. There are motorcycle and car chases and shirtless martial arts and gun fights. That sounds like my action-packed kitchen when I make a pie

Even after reading Going Clear: Scientology, Hollywood & the Prison of Belief, I can still suspend my disbelief when I see Tom Cruise on the big screen. He is Maverick; he is Jack Reacher; he is Ethan Hunt.

On July 31, Cruise is back in Mission: Impossible — Rogue Nation. Hunt's team has been disbanded by the new CIA boss (Alec Baldwin) but when a multinational group of ex-operatives goes rogue, they must save the day. There are motorcycle and car chases and shirtless martial arts and gun fights.

That sounds like my action-packed kitchen when I make a pie. There are life-and-death decisions that need to be made, starting with: What will I put in the pie? What I am about to say will be so controversial that you may hope this story self-destructs: I do not mix fruit. I want blueberry pie — not blueberry and peach pie. And I know that strawberries will help cut the sour of rhubarb but why in hell would I want to do that?

Then there's the crust itself. First of all, humidity, temperature, even altitude, need to be considered, although I never consider them. Also, the clock is ticking: Overwork the pastry and you'll get a brick, plus, none of the ingredients can't get too warm. Speaking of ingredients, pie crust may only be flour, fat and water, but it's the most contentious recipe in the history of mankind. Because what fat will you choose to make it?

I spoke with 10 Canadian home bakers who were all pie-making champions for one of the first stories I ever wrote for Maclean's. They all used either lard (rendered pork fat, like Tenderflake) or shortening for their flaky, winning crusts. But professional bakers almost always use butter, which is far less forgiving but produces a better-tasting pastry.

I've attempted dozens of variations, from all-butter recipes to the one that's on the Crisco box. But I've never rolled out a crust without swearing. That being said, a combination of fats bodes best for me. "Butter gives the pastry its flavour and texture," Julia Child wrote in Mastering the Art of French Cooking, while vegetable shortening "has a tenderizing effect that almost all American flours seem to need."

On Sunday, I set out to make a rhubarb pie using half butter and half shortening. I had exactly the two-and-a-half-cups of flour that the Joy of Cooking recipe called for. Jack-pot! Only, it smelled musty (I haven't baked since Christmas) and that left me nothing for rolling out the pastry. Off to the grocery store I went. Eventually, I pulled from the oven something resembling a pie. It didn't look like Martha Stewart made it. But it was delicious. Maybe, as Stewart herself might say, that's a good thing.

Jessica Allen is the digital correspondent on CTV's The Social.

MISSION IMPOSSIBLE — ROGUE NATION

Actress overcame vertigo to do stunts

Richard Crouse
For Metro

When Rebecca Ferguson was cast as Ilsa Faust in Mission: Impossible — Rogue Nation, she didn't know exactly what she was getting into. "This is a Mission film," says the Swedish actress. "You process that in your head. It means action. I don't know what kind of action, but it will be action."

Ferguson, who is best known for period dramas like BBC's The White Queen and The Cousin's War, expected the role would be physical, but adds, "they were kind enough not to inform me about the high jumps that were to be held on the first day of shooting."

She describes her first stunt, a 75-feet leap from the roof of the Vienna Opera House, as, "completely, absolutely gob-smackingly terrifying."

"I told them, 'Look, I'm great underwater. I dive. I love all that. Jumping off buildings? I'm thinking no.' They said, 'That's fine. We have stunt doubles.' I went, 'Stunt doubles? No, no, no, no. What do I have to do?'"

For weeks she trained six hours a day to meet the physical demands of the shoot and mentally prepared to overcome her vertigo for the Opera House stunt. "We just worked our way up and got to 75 feet," she says. "I did the jump."

Rebecca Ferguson did all her own stunts in Mission: Impossible — Rogue Nation. CHIABELLA JAMES/THE ASSOCIATED PRESS

What went through her mind as she stepped off the building? "Don't look down and keep your legs wrapped tightly around Tom. Jump and look cool."

She says she was not forced into the stunt and could always have said no, but ultimately enjoyed doing it.

"I love the intensity of the action sequences. There is an energy that is just incredible and your heart is beating."

The 32-year-old actress, who will next be seen opposite Meryl Streep in the Stephen Frears film Florence Foster Jenkins, says in those moments of stress she becomes very focused. Later though, the weight of the situation sinks in.

"After," she says, "it hits me. I go, 'Is that Tom Cruise? Am I kicking ass with Tom Cruise?'"

Now playing

ACTION & ADVENTURE

Mission: Impossible — Rogue Nation

Director: Christopher McQuarrie
Starring: Tom Cruise, Rebecca Ferguson

With the IMF disbanded, and Ethan (Tom Cruise) out in the cold, the team now faces off against a network of highly skilled agents hellbent on creating a new world order.

ROTTEN TOMATOES™ SCORE
Critics: 90% Audience: +98%

COMEDY

Vacation

Director: John Francis Daley, Jonathan M. Goldstein
Starring: Christina Applegate, Ed Helms

Ed Helms stars in this reboot of the Vacation series as Rusty Griswald, the son of Chevy Chase's iconic character in the original four films.

ROTTEN TOMATOES™ SCORE
Critics: 28% Audience: +95%

DRAMA

Irrational Man

Director: Woody Allen
Starring: Joaquin Phoenix, Emma Stone, Parker Posey

When a burned-out professor takes a job at a small college becomes involved with a teacher and a student, but it takes a dramatic, existential act to turn his life around.

ROTTEN TOMATOES™ SCORE
Critics: 40% Audience: +83%

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Lego the new film on the block

A LEGO BRICKUMENTARY

Documentary builds on the iconic toy's endless appeal

Steve Gow
For Metro

Oscar-nominated filmmakers Kief Davidson and Daniel Junge want to teach you something about Lego.

That's right, Lego — the world-renowned plastic toy brick. Sure, everyone has fond childhood memories of constructing spaceships or houses out of the interlocking blocks. Most can even empathize with the pinching sensation of stepping on a specifically sharp-angled chunk buried in shag carpeting. But Davidson and Junge are banking you don't know everything about Lego.

In the new documentary, A Lego Brickumentary, the co-directing duo take a lighthearted look at Denmark's biggest export — a toy that has been enjoyed by generations and grown into an empire of video games, theme parks and a hit Hollywood movie — not to mention its other astonishing attributes.

"As we realized some of the more serious applications of this so-called toy, that turned out to be surprising," admitted co-director Junge in a recent interview. "How Lego is being used in engineering, architecture, in space."

Life in plastic, it's fantastic for Thorin Finch seen playing with his Lego collection in the new film A Lego Brickumentary. CONTRIBUTED

> **Some of the more serious applications of this so-called toy, turned out to be surprising. How Lego is being used in engineering, architecture, in space**
> Daniel Junge, co-director of A Lego Brickumentary

Lego as innovation

A Lego Brickumentary unveils just some of the unique ways the simple toy has been adopted by thinkers to design everything from a livable two-storey house to group therapy for kids with autism. "Adults are fascinated about some of the stuff that they had no idea about," said Junge of the toy's innovations. "Things like engineering and city-planning and even therapy."

Lego as community builder

Whether it's the staggering number of fans attending conventions or endorsements by celebrities like singer Ed Sheeran, the film explores the growing communal aspect of Lego. "The expansiveness of the community was surprising," said Junge. "When you've been to one of these conventions and actually experience all that creativity firsthand, it's amazing."

Lego as art

New York-based artist Nathan Sawaya is a central figure in the film. A former lawyer, Sawaya quit to create Lego sculptures that have since amassed many awards and been featured around the globe.

"What he's done is so inspiring," said Davidson. "He's been able to bring art to kids that may have had no exposure to the art world at all. He's made it more acceptable (and) there's no question that his work is having an impact."

MAYBE NOT

Toying with film ideas

Teddy Ruxpin While this talking plush toy would make a terrifying horror film character, it's unlikely to get its own documentary. Toys don't get less interesting than a dopey-looking teddy bear with an antiquated cassette player wedged into its backside.

Stretch Armstong This malleable action figure that could be stretched up to four-feet probably won't be featured in a documentary — unless it's some environmental exposé on how that mysterious goo inside is destroying the ecosystem.

Rubik's Cube This 1980's combination puzzle doesn't have much cinematic merit — unless you enjoy watching frustrated people fiddling with a toy for four hours.

Lite-Brite A simple box housing a 25-watt light bulb illuminating a matrix of holes designed for small colored plastic pegs, Lite-Brite has always been as intense as watching paint dry.

STEVE GOW/FOR METRO

ANIMALS

Meet Earl: grumpy puppy, darling of the Internet

Mike Lee
For Metro In New York

Earl the Grumpy Dog, meet the Internet. Internet, meet Earl the Grumpy Dog.

Earl is a five-month old little pup with serious underbite that makes him look like he's frowning.

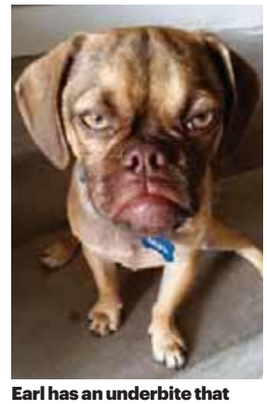
"He's as healthy as any other puppy. He just looks grumpy because of his underbite, wrinkles, and dark complexion," Earl's owner told Yahoo News. "He is the most relaxed, content puppy either one of us has ever seen."

Earl first gained Internet fame when his picture was posted to Reddit.

It was there that some redditors commented and upvoted the grumpy pup to stardom. "This dog looks like he pays taxes," user grundo1561 wrote.

Earl may very well have to pay taxes, that is if his owner can parlay Earl's Internet fame into the movies, cups, T-shirts and menagerie of junk that blossomed from Grumpy Cat's fame.

> **This dog looks like he pays taxes**
> Redditor user grundo1561



Earl has an underbite that makes him look like he's perpetually in the worst mood ever. HANDOUT

metro TRAVEL

Your essential daily news

Barack Obama says climbing Mount Kilimanjaro is on his post-presidency bucket list

Arctic for geeks

A two-week expedition cruise up the coast of Newfoundland and Labrador into northern Quebec offered sweeping vistas as well as cultural and artistic programming. PHOTOS BY JENNIFER FODEN

CRUISE

Travelling remote terrain with authors, artists and culturalists

Jennifer Foden
For Metro

"Hi, Ms. Atwood?" I nervously said, interrupting the Canadian literary icon's walk along the Saint Pierre coastline with her partner, novelist Graeme Gibson. "I'm a huge fan of your work."

Meeting the literary power couple wasn't by chance: We were all travelling on board the Ocean Endeavour, a small cruise ship of 198 passengers.

The vessel is operated by Adventure Canada, a Mississauga, Ont.-based company, which focuses on reaching wilderness destinations in the Arctic and beyond.

Our trip started that day on the French island of Saint Pierre, 275 kilometres southwest of St. John's. The boat then began its journey up the western coast of Newfoundland, followed by the eastern edge of Labrador, allowing passengers to stop and explore Inuit communities like Rose Blanche and Nain, and hike striking landscapes such as Gros Morne and the Torngat Mountains National Parks. The journey would end travelling into Ungava Bay to Nunavik in northern Quebec.

While exploring the Arctic (spotting wildlife and icebergs, reaching remote landscapes via 10-person Zodiac boats) is why many people travel with Adventure Canada, what really won me over was all the cultural and artistic programming on board. When not exploring the outdoors, guests can attend everything from photography workshops and naturalist talks to book clubs and musical concerts.

My two-week expedition not only welcomed special guests Margaret Atwood and Graeme Gibson, but several notable staff who helped deliver this programming, such as Billy Gautier, an Inuit carver, whose exhibition at the Spirit Wrestler Gallery in Vancouver sold out in 18 minutes; and John Bailey, from Google, who walked the terrain we visited with a Street View camera on his back, visually mapping places that are largely inaccessible. The book nerd in me rejoiced again when I met Terry Fallis, author of The Best Laid Plans, who has twice won the Stephen Leacock Memorial Medal for Humour. There were Inuit culturalists, Arctic explorers, artists and more.

However, it was more than just the staff and special guests who had something to say.

An expedition cruise with programming such as this attracts passengers that are like-minded, those interested in wildlife, the outdoors, photography, exploration, literature, culture, history and more.

You'd share conversations at meals and on Zodiacs with remarkable people from around the globe.

A fellow passenger referenced the atmosphere on board as a Floating TED Talk; someone else fittingly dubbed it the Arctic for geeks.

The writer was a guest of Adventure Canada and Newfoundland & Labrador Tourism. Neither reviewed nor approved the story.

NATURE

There's never been a better time to be a comfort camper

ON THE MOVE
Loren Christie

With a little more than a month of glorious summer left, I urge everyone to hit our great outdoors. According to the 2015 North American Camping Report, an independent study supported by Kampgrounds of America Inc. (KOA), camping has made a comeback.

The fall in gas prices has resulted in people taking more road trips and those same people are spending more nights camping while they travel. Among campers who said that decreased gas prices would impact this year's travel plans, 88 per cent say it would allow them to camp more often and 86 per cent were planning to visit new campgrounds. As well, 72 per cent of Canadian campers surveyed said they intended to visit a provincial park this summer.

If you are curious what nature has to offer, here are a few things to bear mind as you ponder a trip to the great outdoors.

Don't forget the Wi-Fi

You do not have to give up all of your creature comforts. More and more campgrounds, whether privately or publicly owned, offer a handful of campsites for the comfort camper, often complete with a proper bed and linens, chairs, lights, pots and pans and some sort of semi-permanent roof over your head.

Whether they are called yurts, round tent-like structures, or oTENTiks, Parks Canada's cross between an A-frame cabin and a prospector tent, most campgrounds offer an option for those reluctant to rough it.

Although traditionalists may prefer to be off the grid, campgrounds are starting to recognize that doesn't work for everyone.

The KOA study reports that when selecting which campgrounds to visit and stay at, free Wi-Fi ranks as the third-most important amenity, just behind clean bathrooms and a kid-friendly environment. Younger campers say having access to their smartphone is almost as important as toilet paper.

88%

Among campers who said that decreased gas prices would impact this year's travel plans, 88 per cent say it would allow them to camp more often.

Camping will reduce your stress and improve your family relationships. A third of campers say that camping has a positive impact on their relationships with family and friends and their emotional well-being. Setting up your tent and prepping meals is an adventure all members of the family can share, and sleeping outside, especially if it's for the first time, is exhilarating.

All it takes to have a successful camping vacation is a little planning. Parks Canada has a great checklist app that includes safety tips, recipes and first-timer advice.

Soaking it all in with a visit to Bath

ENGLAND

Hot springs, Jane Austen and a downtown abbey among city's highlights

Yes, there really is a natural hot spring beneath the city of Bath, but soaking in the above-ground sights and sounds will leave you plenty relaxed. With its Georgian brick buildings and lush green hills, almost everywhere in Bath feels like a living postcard. With landmarks from Roman and medieval times, you may feel you've landed back in time, but the juxtaposition of stately terraced houses and people hustling about on smartphones brings you out of that fantasy.

Bath somehow weaves together threads of small-town life with cosmopolitan sophistication. It has galleries, museums and theatres. It's a college town anchored by the University of Bath. And it is a UNESCO World Heritage site. Even on a mere day trip from London, just 90 minutes away by train, Bath bubbles over with charm.

To truly appreciate the villages and fields that surround Bath, a stroll along the canal is the way to go. The path can be accessed from Sydney Gardens in the town centre. PHOTOS BY TERRY TANG/THE ASSOCIATED PRESS

IF YOU GO
Bath is about 90 minutes by train from London.

The half-moon formation of Georgian townhouses.

A view of the interior of the Roman Baths.

Bath Abbey

A majestic landmark in the centre of town, Bath Abbey is the third place of worship to occupy this site in 1,200 years. The first church, built in 757, was replaced by a cathedral soon after the Norman conquest of England in 1066. That one gave way in the 15th century to the abbey that's there today.

Walk inside and eye the vaulted ceiling and stunning stained glass windows showing 56 scenes from Christ's life. A floor plaque marks Queen Elizabeth II's 1973 visit. Tours of the church tower are available.

Roman Baths

You might say the Romans were the first in Western Europe to come up with the spa weekend. The Roman Baths date back to the year 70 AD, with a sprawling pool of natural, hot spring water called the Great Bath located below street level. You can see the steam swirling from a terrace on the street above. People dressed in period clothing — such as a Roman soldier or stone mason — stand in the archways.

The complex includes several underground spaces and displays. The self-guided audio tour, which includes commentary from writer Bill Bryson, thoroughly explains how the citizens of Aquae Sulis (the Roman name given to Bath) socialized, worked and worshipped.

Jane Austen Centre

Novelist Jane Austen lived with family in Bath between 1801 and 1806. Avid readers of Austen's work know that Bath was a prominent setting in two of her books, Persuasion and Northanger Abbey. But even fans only familiar with the movie adaptations will geek out inside the Jane Austen Centre.

The three-storey building on Gay Street has a permanent exhibit and tea room. The experience reaches delightfully Austentatious levels with employees clad in period clothing giving brief orientations on the novelist.

Royal Crescent

This half-moon formation of Georgian townhouses is one of Bath's most famous architectural masterpieces, an arc-shaped cluster of buildings set behind a green field. The first home, No. 1 Royal Crescent, where former Parliament member Henry Sanford lived in the late 1700s, is also a museum.

Rooms are furnished in 18th-century style, with a glimpse of the upstairs-downstairs lifestyle of the era (think Downton Abbey but 150 years earlier).

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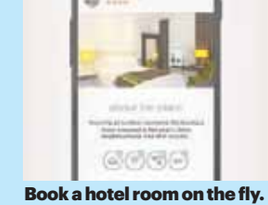
TRAVEL NOTES

Extend the summer
Iberostar Hotels & Resorts is having a sale for a limited time, with all-inclusive stays in Mexico, Dominican Republic and Jamaica on sale from about $85 per person per night if you book before Aug. 10 for travel between Aug. 16 and Oct. 31. Go to Montego Bay, Playa del Carmen, Playa Paraíso, Playa Bávaro and more. Visit Iberostar.com.

Rooms on demand
Booking.com's Booking Now app lets travellers find last-minute accommodation in two or three taps, wherever you are. You factor in personal filtering preferences (price, Wi-Fi, free breakfast, etc.), then the app finds hotel rooms based on your location, and gives you directions on how to get there. More than 80,000 destinations. Visit Booking.com.

Miami-licious
Miami Spice is on now till the end of September at Fontainebleau Miami Beach. Enjoy a three-course dinner for about $50 at one of the hotel's four restaurants: Michael Mina 74, Hakkasan and Scarpetta (Sunday to Thursday), and Stripsteak by Michael Mina (seven days a week). Reserve at 877-326-7412 or fontainebleau.com/dining. DOUG WALLACE

Iberostar Cozumel, Mexico. DOUG WALLACE



Book a hotel room on the fly. CONTRIBUTED

Scarpetta at Fontainebleau Miami Beach. CONTRIBUTED

metro SPORTS
Your essential daily news

Chris Paul will play in the first ever exhibition NBA game in Africa on Saturday in Johannesburg

David makes Jays Goliath

MLB

Jays acquire Price in second blockbuster trade of week

When the Toronto Blue Jays could put ace Roy Halladay on the mound every fifth day, Alex Anthopoulos recalled then-general manager J.P. Ricciardi saying that alone made them a great team.

Already believing these Blue Jays are a good team, Anthopoulos on Thursday filled their biggest need by trading for star left-handed pitcher David Price. Left-handed pitching prospects Daniel Norris, Matt Boyd and Jairo Labourt went to the Detroit Tigers.

It didn't matter that the price was three prospects, including the top one in the organization, or that Price is a free agent after the season. Anthopoulos believes Price is the No. 1 starter Toronto hasn't had since Halladay.

"Getting guys like Price, that type of impact, those (No.) 1 starters, they can make you a great team all by themselves," Anthopoulos said at a news conference. "It's more a reflection on the belief of the guys we have right now, what we have on the roster. We think we're a good team, and adding a guy like Price we think makes us that much stronger and will give us a chance to win."

With the Blue Jays entering play on Thursday two games back of the Minnesota Twins for the second American League wild card, they may suddenly be favourites to make the playoffs with Price. He is an all-star who won the AL Cy Young Award in 2012 with the Tampa Bay Rays.

The 29-year-old is 9-4 this season with a 2.53 earned-run average. In his major-league career, Price is 95-55 with a 3.13 ERA and 1,285 strikeouts in 1,367-1/3 innings, including a 7-0 record at Rogers Centre.

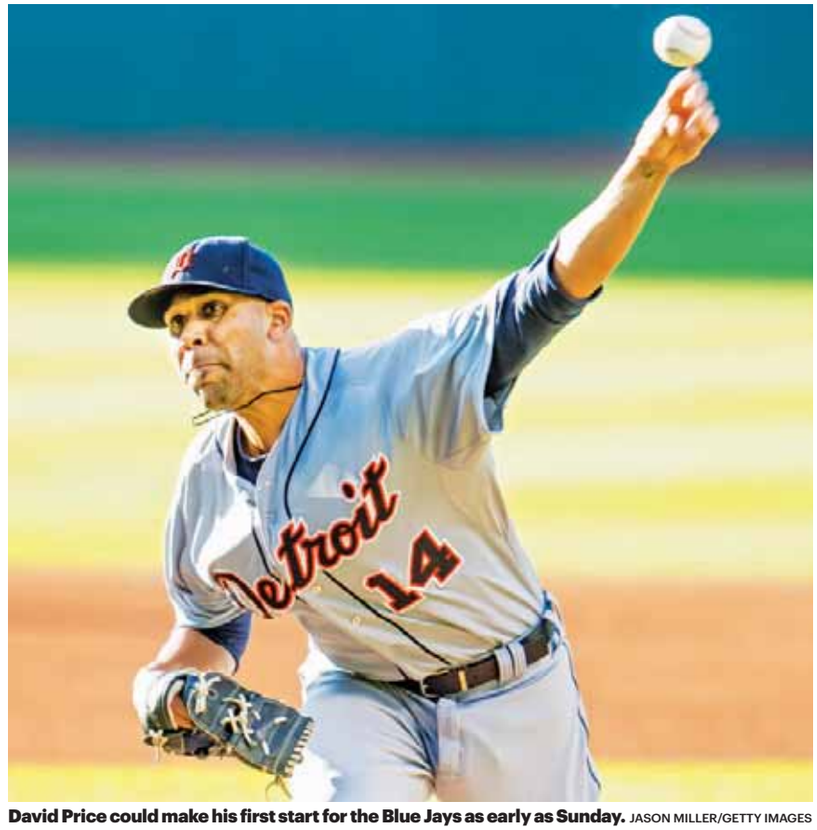
For the next two months Price headlines a rotation that includes R.A. Dickey, Drew Hutchison, Mark Buehrle and Marco Estrada. He's on rotation to start as soon as Sunday against the Kansas City Royals but could also pitch Monday against the Twins.

THE NUMBERS

$19,750,000: Price's salary for 2015
0: Years left on Price's contract
9-4: Price's record
2.53: Price's ERA
7-0: Price's career record at the Rogers Centre
16-2: Price's career record vs. Toronto
5: All-star game appearances
12: Likely 2015 starts left
7*: Games behind Yankees
13: Games left vs. Yankees
2*: Games behind wild card
13: Games left vs. teams ahead of them in the wild-card race

*Stats prior to games on Thursday

TORSTAR NEWS SERVICE



David Price could make his first start for the Blue Jays as early as Sunday. JASON MILLER/GETTY IMAGES

This trade came in the same week as the Blue Jays traded for shortstop Troy Tulowitzki and reliever LaTroy Hawkins. While Tulowitzki is signed to a long-term deal, Price is a rental player who will command a hefty salary this off-season.

Price, who was traded from the Rays to the Tigers at the deadline a year ago, is making $19.75 million US in the final year of his contract. Anthopoulos said he was not yet dwelling on the possibility of re-signing Price, which could be a difficult task.

"I think every team in baseball would love to have this guy on their team long term," he said. "We've just got to get in the line." THE CANADIAN PRESS

IN BRIEF

Latos joins Dodgers in 13-player trade

The first-place Los Angeles Dodgers have bolstered their pitching staff, acquiring Mat Latos from the Miami Marlins and Alex Wood, Jim Johnson and Luis Avilan from the Atlanta Braves in a 13-player deal.

The rebuilding Braves also gave up top infield prospect Jose Peraza, paying a hefty price largely to land 30-year-old Cuban infielder Hector Olivera at a steep discount. Atlanta also got left-handed reliever Paco Rodriguez and minor-league pitcher Zachary Bird from Los Angeles.

Los Angeles also acquired first baseman Michael Morse from Miami and injured pitcher Bronson Arroyo from the Braves.

Miami got three minor leaguers from the Dodgers and sent a draft pick to Atlanta. THE ASSOCIATED PRESS

Cards place Holliday on shelf, gather Moss in deal

Matt Holliday is back on the disabled list.

The St. Louis Cardinals placed the all-star outfielder on the 15-day disabled list Thursday due to a recurrence of his right quadriceps injury.

Holliday missed 31 games from June 9 to July 16, and the Cardinals were 18-13 in his absence.

Also on Wednesday, the Cards traded for outfielder Brandon Moss. Cleveland received minor-league pitcher Rob Kaminsky. THE ASSOCIATED PRESS

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Rio water under fire again

SUMMER OLYMPICS

Investigation says beaches are awash with viruses, bacteria

The waters where Olympians will compete in swimming and boating events next summer in South America's first Games are rife with human sewage and present a serious health risk for athletes, as well as for visitors to the iconic beaches of Rio de Janeiro.

An Associated Press investigation found dangerously high levels of viruses and bacteria from sewage in venues where athletes will compete in the 2016 Olympic and Paralympic water sports, though an Olympic official said Thursday there are no plans to press for authorities to monitor for viruses, which many experts consider the biggest problem.

In the first independent comprehensive testing for both viruses and bacteria at the Olympic sites, the AP conducted four rounds of tests starting in March. The results have alarmed international experts and dismayed competitors training in Rio, some of whom have already have fallen ill with fevers, vomiting and diarrhea.

The famed Copacabana beach in Rio de Janeiro, Brazil, will host Olympic beach volleyball, cycling, open water swimming and triathlon next summer. MARIO TAMA/GETTY IMAGES

These ailments could knock an athlete out for days, potentially curtailing Olympic dreams and years of hard training.

"This is by far the worst water quality we've ever seen in our sailing careers," said Ivan Bulaja, a coach for the Austrian team, which has spent months training on the Guanabara Bay. "I am quite sure if you swim in this water and it goes into your mouth or nose that quite a lot of bad things are coming inside your body."

Sailor David Hussl has already fallen ill.

"I've had high temperatures and problems with my stomach," Hussl said. "It's always one day completely in bed and then usually not sailing for two or three days."

Water pollution has long plagued Brazil's urban areas, where most sewage isn't collected, let alone treated. In Rio, much of the waste runs through open-air ditches to fetid streams and rivers that feed the Olympic water sites and blight the city's picture postcard beaches.

But official testing in Brazil measures only bacteria — not the viruses that experts say cause the majority of illness related to recreational water activity.

Dr. Richard Budgett, the medical director for the International Olympic Committee, said after seeing the AP findings that the IOC and Brazilian authorities would stick to their program of testing only for bacteria to determine whether the water is safe, as that is the accepted norm globally.

"We've had reassurances from the World Health Organization and others that there is no significant risk to athlete health," he told the AP on the sidelines of an IOC meeting in Malaysia.

THE ASSOCIATED PRESS

1.7 million

In some tests, disease-causing viruses measured up to 1.7 million times the level of what would be considered hazardous on a Southern California beach.

NHL BID

Partners sought for Nordiques bid

Quebecor Inc. says it's recruiting partners for its bid to bring the Nordiques back to Quebec City.

The media and telecom company said Thursday it has opened talks with some sponsors and signed contracts but has yet to secure another investor willing to help foot the $500-million US bill it costs to launch an NHL expansion franchise.

"Submitting this application is one more step towards our ultimate objective of making sports an additional growth segment," president and CEO Pierre Dion told analysts on a conference call after the company posted its latest financial results.

"We will soon be approaching potential partners, which we believe will attract high interest levels."

Last week Quebecor announced it submitted a bid to the National Hockey League that would bring a team back to Quebec City for the first time in 20 years. THE CANADIAN PRESS

Didier Drogba in Montreal on Thursday. THE CANADIAN PRESS

SOCCER

Drogba focused on fitting in with Montreal Impact

There's no question that Montreal soccer fans count Didier Drogba as a superstar.

The former Chelsea striker was met with chants and long applause at a news conference attended by media and hundreds of the MLS club's fans at Saputo Stadium on Thursday night.

He donned the No. 11 shirt, which was given up by midfielder Dilly Duka for the team's new marquee player.

Drogba will meet his new teammates on Friday, but will need time to train with them and work on his conditioning before he can play in a match.

For now, he just wants to fit into his new team.

"I wasn't a superstar before I joined big teams like Marseille and Chelsea and the others so I know how it feels," he said. "A superstar is just the way people look at you, but in the dressing room you're the same....

All I can try to do is give back to those players who want to learn and I think I am also going to learn from them."

The 37-year-old, who scored 164 goals while helping Chelsea to four Premier League titles, is the biggest name ever to join the Impact and his presence is certain to help the club on the field and in ticket sales.

THE CANADIAN PRESS

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RECIPE Rose's Brownie and Frozen Yogurt Sandwiches

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Ready in
Prep time: 15 minutes
Cook time: 12 minutes

Makes 12 half servings.

Ingredients
- 2/3 cup granulated sugar
- 1/4 cup vegetable oil
- 1 egg
- 1 tsp pure vanilla extract
- 1/3 cup unsweetened cocoa powder
- 1/3 cup all-purpose flour
- 1 tsp baking powder
- 1/4 cup low-fat yogurt or sour cream
- 1/4 cup semi-sweet chocolate chips
- 1 1/2 cup vanilla frozen yogurt, softened
- 1 1/2 cup chocolate frozen yogurt, softened

Chocolate Glaze
- 1/2 cup semi-sweet chocolate chips
- 1/2 cup 2% evaporated milk

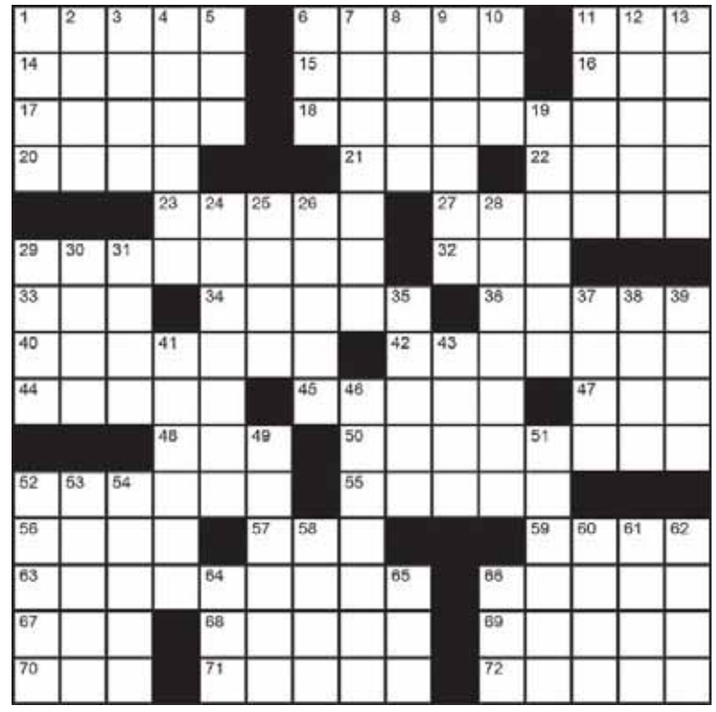
Directions
1. Preheat oven to 350 F. Spray a large 6 cup (4-inch wide) muffin tin with vegetable oil. Combine sugar, oil, egg, vanilla and cocoa powder and mix until smooth. Add flour, baking powder, yogurt and chips and mix just until combined, don't overmix. Divide into large muffin tin and bake for 12 minutes or just until no longer wet. Cool. Place 1/4 cup softened frozen vanilla frozen yogurt on top of muffin along with 1/4 cup chocolate frozen yogurt.
2. Melt chocolate and evaporated milk on high for approx. 30 seconds. Whisk until smooth. Cool. (If too thick, add more evaporated milk.) Pour over top of frozen yogurt. Top with coloured sprinkles. Freeze until serving.
3. With a wet knife, gently remove brownies from tray. Slice in half.

Nutrition per half serving
- Calories 190
- Carbohydrates 20 g
- Total fat 7.5 g
- Cholesterol 19 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Kilt-wearer's dance
6. Fearing-one's suffix
11. Intl. clock standard
14. Hawaiian-style veranda
15. Glass: French
16. Whopper
17. Squirrel's prize
18. Heavy pole event at #63-Across: 2 wds.
20. Madonna's first hubby's surname
21. Dog's physician, commonly
22. Aid and _
23. Basket-making fibre
27. Cantankerous
29. Go-Go's water skiing video hit
32. Mr. Beatty
33. Baffin, e.g.
34. By _ _ (How close races are won)
36. "_ at 'em!"
40. Scottish Highland kilt pouch
42. Twinkle
44. Up to now: 2 wds.
45. Smooth transition
47. Watering _ (Gardener's prop)
48. Matterhorn, for one
50. Ontario village (southeast of Ottawa) where #63-Across is held each summer
52. Silent movie's in-distress role
55. German Shepherd or Labrador
56. Odd mixture
57. Writer Ms. LeShan
59. Red-wax covered cheese
63. July 31st to August 1st, 2015: _ Highland Games
66. Canadian sweets shop, _ Secord
67. Mr. Somerhalder
68. Accepted practice
69. Venerated villager
70. Nav. designation
71. Attach a patch: 2 wds.
72. Analyze

DOWN
1. Envelope part
2. Wedding gown trim
3. Aware of, as a surprise: 2 wds.
4. C.S. Lewis fantasy land
5. _ and tonic
6. _ _ _ piping
7. Angelic abodes
8. "...there _ _ square."
9. Cape Island link
10. 'Musket' suffix
11. Shakespeare's _ (Playhouse for The Bard's works)
12. Scrooge
13. Petulant
19. Two-seated bicycle
24. Shake up
25. Ms. Yothers of "Family Ties"
26. Common _ (Birds on Canadian dollar coins)
28. Alleviate
29. Traveler's documentation
30. Snake sorts
31. Be overly sweet
35. Actress Samantha of 1967 movie musical "Doctor Dolittle"
37. Gladiator's 2150
38. The Food Network creation
39. Coastal bird, variantly
41. Cause
43. Sumptuous
46. Trade blockade
49. Courteous word
51. Epitomes
52. Stray calf [var. sp.]
53. Edgar Poe link
54. Demeanors
58. Attraction
60. Lemons/turkeys
61. Region
62. Peter, Paul & _
64. Paul Simon song line: "Hop on the bus, _..."
65. Hankering
66. Pastureland

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Be careful how you react to criticism today. If you let your enemies see that your feelings are hurt they will go out of their way to hurt you further. Pretend that you are not the slightest bit bothered.

Taurus April 21 - May 21
You find it hard to be modest, but today you would be wise not to draw attention to your superiority because there is something you have missed that could make you look very silly.

Gemini May 22 - June 21
The best way to get over your negative mood is to throw yourself into an activity that you enjoy. It doesn't have to be important, just something that takes your mind off your worries.

Cancer June 22 - July 23
You want to speak your mind today, but be warned: you could be the one who is the topic of conversation if you stray from the facts. What others say won't be pleasant.

Leo July 24 - Aug. 23
This is not a good time to say or do anything that might meet the disapproval of people in power. Yes, there are facts that need to be looked at but don't make a big deal of it.

Virgo Aug. 24 - Sept. 23
If you tread on someone's toes today the consequences could be painful for both of you! Minor differences could escalate quite rapidly into major disputes, so steer clear of people who offend easily.

Libra Sept. 24 - Oct. 23
The most important thing now is that you act as if you care, even if you don't. Others are counting on you to raise their spirits and if you are as nice a person as they say you are you will tell them what they need to hear.

Scorpio Oct. 24 - Nov. 22
You are never afraid to be controversial but today there is a danger that you will go too far and make an enemy of someone powerful. You may be brave, but ask yourself: is it worth the hassle?

Sagittarius Nov. 23 - Dec. 21
Don't neglect the needs of those you love in your haste to make a name for yourself on the work front. You could all too easily turn people against you.

Capricorn Dec. 22 - Jan. 20
If you help someone today they will repay the favour later, when you are the one in need. In a nutshell: be kind to others and they will more likely be kind to you.

Aquarius Jan. 21 - Feb. 19
The time has come to end some kind of partnership. It won't be easy but you know it must be done. In the long-term it will be good for you both.

Pisces Feb. 20 - March 20
You must be honest with yourself about what you want and what you have to do to get it. And if you come to the conclusion that the price is too high then lower your sights and aim for something less demanding.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			1	3			7	
		4						8
	3		7	6		4		
8		1						
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	9			5	7			

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LOOK WHAT'S LESS

FRIDAY, JULY 31 TO MONDAY, AUGUST 3

$99.99 NECKLACE

3-strand pearl necklace. Reg. $400

$49.99 14 kt. yellow gold and 7-7.5 mm freshwater pearl stud earrings. Reg. $175

Cannot be combined with other offers.

BUY 1, GET 1 50% OFF MEN'S UNDERWEAR

by STANFIELD'S, JOE BOXER and TOMMY HILFIGER.

Second item must be of equal or lesser value. Featured: TOMMY HILFIGER 3-pack boxer brief. Reg. $46

$19.99 FYLO

blouses and knit tops. Reg. $24 to $29.

25% off other FYLO fashion for women.

33% off 19.99 SALTON

sandwich maker. Reg. $29.99

20% off other small appliances by SALTON, HAMILTON BEACH, OSTER, CROCK-POT and RIVAL.

Ends August 6, 2015.

THIS LONG WEEKEND:

FRIDAY, JULY 31 TO MONDAY, AUGUST 3

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in store and online with a Hudson's Bay MasterCard® or Hudson's Bay Credit Card.

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of $75 or more before taxes from July 31 to August 9, 2015.

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